

## Snohomish County Resource List

>> Contact PICAA Advocates for help with these resources or for resources specific to your situation. – **425.297.5771** <<

- \*Emergency Help- If you have serious and immediate health or safety concerns **911**
- \*Community Information Line (Provides help with housing, transportation, bills, food, and more) **211**

### Crisis Lines

- \*PICAA 24 Hour Crisis and Help Line **425-252-4800**
- \*Suicide Prevention Lifeline **1-800-273-8255**
- \*Domestic Violence Services of Snohomish County [dvs-snoco.org](http://dvs-snoco.org) **425-252-2873**
- \*Crisis Text Line Text "HOME" to **741-741**
- \*RAINN (Rape Abuse & Incest National Network) Chat: [RAINN.org](http://RAINN.org) **1-800-656-4673**
- \*Crisis Care Line of Snohomish County (VOA) [imHurting.org](http://imHurting.org) **1-800-584-3578**
- \*The Trevor Project (LGBTQ+ Help and Support) Text: 678-678 **1-866-488-7386**
- \*Runaway Hotline Chat: [1800Runaway.org](http://1800Runaway.org) **1-800-621-4000**
- \*National Domestic Violence Hotline – Deaf or Hard of Hearing TTY: 1-800-787-3224 Voice: **1-800-799-7233**
- \*Tulalip Tribes Child Advocacy Center **360-716-5437**

### Emergency Housing

- \*Domestic Violence Services of Snohomish County [dvs-snoco.org](http://dvs-snoco.org) **425-252-2873**
- Everett Gospel Mission (Temp + Perm Housing, Meals + Food) [EGMission.org](http://EGMission.org) **425-740-2500**
- Sky Valley Shelter Monroe (Cold Weather, Intake 8:30p-9:30p) **360-453-7622**
- Oakes Avenue Shelter (Cold Weather, Intake 6:30p-10p) **425-259-8129**
- \*Cocoon House (for teens) [CocoonHouse.org](http://CocoonHouse.org) **425-877-5171**
- Monroe Gospel Mission (Single Women Only) **360-863-9003**
- \*Legacy of Healing – Tulalip or Tribal Affiliated (Emergency Hotel for those in Danger) **360-716-4100**
- Skagit DV/SA Services **360-488-4500**

### Advocacy and Resource Centers

- \*Domestic Violence Services of Snohomish County [dvs-snoco.org](http://dvs-snoco.org) **425-252-2873**
- \*WA Victim Support Services – Victims of Violent Crime Call or Text **1-888-288-9221**
- Carnegie Resource Center (Drop ins ok) **425-434-4680**
- YWCA – Everett Regional Center **425-258-2766**
- Snohomish County Prosecutor's Office- Victim's Assistance **425-388-3333**
- WA Association of Community & Migrant Health Centers (uninsured or undocumented ok) **360-786-9722**
- Lutheran Community Services (Includes help for Undocumented) [lcsnw.org/](http://lcsnw.org/) **425-513-2880**
- Deaf and Hard of Hearing Advocacy Services TTY: **1-800-787-3224**
- Tulalip Tribes Child Advocacy Center (24 Hour) [tinyurl.com/ykuhdptk](http://tinyurl.com/ykuhdptk) **360-716-5437**

### Counseling and Mental Health Services

- Providence Behavioral Health (Regular and Urgent Care) (18+) [tinyurl.com/k974f5cz](http://tinyurl.com/k974f5cz) **425-261-4210**
- Compass Health [CompassHealth.org](http://CompassHealth.org) **425-349-8200**
- SeaMar Behavioral Health Clinic [SeaMar.org](http://SeaMar.org) **425-609-5505**
- Kaiser Permanente- Behavioral Health (Accepts Apple Health) [tinyurl.com/6ez29tjc](http://tinyurl.com/6ez29tjc) **425-261-1500**
- Sunrise Services [SunriseServicesinc.org](http://SunriseServicesinc.org) **425-595-5200**
- Lutheran Counseling Network [LutheranCounseling.net](http://LutheranCounseling.net) **425-258-2955**
- YWCA – Pathways for Women [tinyurl.com/ywbrbhvf](http://tinyurl.com/ywbrbhvf) **425-774-9843 (ext 226)**
- Catholic Community Services (for children) [tinyurl.com/77wtxktv](http://tinyurl.com/77wtxktv) **425-257-2111**
- Family Helpline – Parenting Help [ParentTrust.org](http://ParentTrust.org) **1-800-932-4673**
- PFLAG- Parents, Families, and Friends of Lesbians and Gays [PFLAGEverett.org](http://PFLAGEverett.org)

### Reporting

- \*Child Protective Services [dcyf.wa.gov/safety](http://dcyf.wa.gov/safety) **1-866-363-4276**
- \*Adult Protective Services **1-877-734-6277**
- \*Police Non-Emergency for anyone in Snohomish County **425-407-3999**

## **Legal**

CLEAR/Northwest Justice Project	NWJustice.org	888-201-1014
Washington Law Help	WashingtonLawHelp.org	
CLEAR Hotline for Seniors		888-387-7111
YWCA Sexual Violence Legal Services		206-832-3620
Asian Counseling and Referral Service	acrs.org	206-695-7600
Northwest Immigrant Rights Project	nwirp.org	206-587-4009
Facilitator's Office (Family Law, Guardianship, Divorce Info)	tinyurl.com/54e95bx	425-388-3795

## **Non-Emergency Housing and Help with Rent or Bills**

Interfaith Family Shelter	interfaithwa.org	425-252-6672
HPRP – Homelessness Prevention and Rapid Rehousing Program	NeedHelpPayingBills.com	
YWCA – Everett Regional Center	tinyurl.com/bfed2t4z	425-258-2766
Housing Hope	HousingHope.org/homes	425-347-6556 (Press 1)
Hoff Foundation (drug recovery ok, takes a few days)	HoffFoundation.org	425-512-0749
Northwest Indian Housing Association	nwiha.org	360-220-9212
Energy Assistance Program	tinyurl.com/2xyhrruu	425-388-3880
Volunteers of America (housing, rent, utilities and more)	EverettHelpLink.org	425-212-2972
DSHS	dshs.wa.gov	1-877-501-2233
St. Vincent DePaul	svdpnsc.com/help	425-355-3504
*Hope Link	HopeLink.org	425-869-6000

## **Medical**

Snohomish Health District	snohd.org	425-339-5200
Community Health Centers of Snohomish County	chcsno.org	425-789-3789
Lahai Health (Medical, Dental, Mental Health Services- Lynnwood)	Lahai.org	206-363-4105
Planned Parenthood	tinyurl.com/57ubamdr	1-866-630-2164
Family Health Hotline	ParentHelp123.org	1-800-322-2588
Safe Harbor Free Clinic (Stanwood)	SafeHarborFreeClinic.org	425-870-7384

## **Chemical Dependency Treatment/Detox**

*WA Recovery Helpline	WARecoveryHelpline.org	1-866-789-1511
*Alcohol & Drug Help Line	adh1.org	206-722-3700

## **Transportation**

Dial-A-Ride Transportation (DART)		425-347-5912
*Hope Link (For Medicaid or Medicare)		425-869-6000
Catholic Community Services (Drs or Shop)		425-257-2111
Find-A-Ride (Transportation Options in Snohomish County)	FindARide.org	
Community Transit (Public Bus, Route Info)		425-353-7433
Everett Para Transit (DART for Wheelchairs)		425-257-8801
Senior Services of Snohomish County (TAP) (Rural Snoco)		425-355-1112 (Press 4)

## **Food**

Feeding America – Food Lifeline (List of food banks and meals)	FoodLifeline.org/need-food	1-877-404-7543
Recovery Café (meals, food, activities, recovery services)	EverettRecoveryCafe.org	425-258-5630
Esther's Place (women & children only)	EsthersPlace.org	425-512-0749
Everett Gospel Mission (Meals and Food Boxes)	EGMission.org	452-740-2550
WA Basic Food Program	tinyurl.com/52bpuk7h	1-877-501-2233
Meals on Wheels		425-347-1229
WIC – Women, Infants, Children		1-800-841-1410

## **Emergency Pet Boarding**

Beck's Place (boarding, food, vet services)	BecksPlace.org	425-419-8992
*New Beginnings	NewBegin.org	206-522-9472

*\*An asterisk denotes phone numbers/services that are available 24 hours a day, 7 days a week*